

ELITE T3 YOUTH FOOTBALL ACADEMY



FOR GRADES 1-4

MONDAY, JULY 22nd - THURSDAY JULY 25th

CAMP HIGHLIGHTS:

- Advanced Progression of Drills taught in previous Camps
- Offensive/Defensive Specific Position Training
- All Campers will choose a primary Offensive and Defensive Position upon registration to ensure low coach-player ratio during install and instructional periods
- Daily Blocking and Flag Football Pulling Circuit
- Introduction to Tackling and action tackling using state of the art technology/equipment
- Daily conditioning to get athlete in shape for season
- Speed and Agility Training and Competitions
- High energy situational scrimmages and competitions put new knowledge to the test
- Chalk Talk Sessions to improve understanding and mental approach of the game



Camp is for committed Flag/ Padded Flag football athletes who want to advance skills and take their game to the next level.

Attendance of previous training camp session is highly encouraged to maximize development.

JULY 22-25

9 am to Noon

Grades 1-4

\$199 per player

**Register Online at
T3athlete.com**

T3 YOUTH FOOTBALL DIRECTOR

Rob Duray

High School Football Coach (2003-2017)

Head High School Coach (2012-2016)

College Football Coach (2006-2007)

Ohio State Football Camp Instructor (2003-2007)



T3 PERFORMANCE
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